

**VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM
(Deemed to be University)**

B.P.E.S DEGREE EXAMINATION - November 2019

First Semester

FOUNDATION AND HISTORY OF PHYSICAL EDUCATION

Three Hours

Maximum: 70 marks

PART - A

Answer any TEN question:

(10*2=20)

1. Define physical education.
2. Write short note on aim of physical education.
3. Meaning of Unsynchronised development.
4. What is chronological age?
5. Write the name of the school in Athens.
6. Give the motto of Modern Olympic.
7. Who is first Ancient Olympic Games winner in which year?
8. Expand SNIPES.
9. How many times Asian Games were conducted in India.
10. Short note on Dronacharya award.
11. Write a short note on Rajiv Gandhi Khel Rathna award.
12. Write a short note on Dayand Chand Award.

PART - B

Answer any FIVE question:

(5*4=20)

13. Write down the meaning and definition of education.
14. Explain biological foundations of physical education.
15. Explain the term Athletic heart and reciprocal Innervations.
16. Explain the Physical Education in "Sparta".
17. Write short notes on eligibility rules on Ancient and Modern Olympic Games.
18. Short notes on Asian Games.
19. Explain SNIPES.
20. Write short notes on Maulana Abdul Kalam Azad Award.

PART - C

Answer any THREE question:

(3*10=30)

21. Write in detail about the meaning and definition of education and physical education.
22. Explain the various classifications of body types.
23. Explain the origin and development of ancient Olympic Games.
24. Explain about SAI.
25. Explain about Dronacharya award.

